



Recovery Transition Program (RTP)

Peer Mentor Application Process and Training Schedule

The Recovery Transition Program is accepting applications for the next peer mentor training course. The ideal candidate would be a current or former patient at the Allan Memorial Institute or the Griffith Edwards Centre in stable recovery with the capacity to participate in the training program.

The training will be conducted by experienced Peer Mentors and will cover many topics including confidentiality, boundaries and the appropriate role of a Peer Mentor within the context of a healthcare institution. Following training, peer mentors will receive ongoing weekly supervision and support for a maximum commitment of 6 hours per week for one year.

The next Peer Mentor training course will be held both in person at the Allan Memorial Institute and via Zoom. It will take place 2 days a week for a total of 30 training hours.

In order to apply, candidates must **fill out a screening form with their healthcare provider's name and signature** and send **by e-mail to patricia.lucas@muhc.mcgill.ca**. Screening forms are available from healthcare providers. **Any questions can be addressed to the RTP Coordinator, Patricia Lucas.** If the applicant is accepted, they will be contacted by the RTP to arrange a time for an interview with the training team.

October 11, 2023	Orientation meeting – IN PERSON
Monday, Oct. 16 Wednesday, Oct. 18	Peer mentor roles, confidentiality, values and beliefs – Via Zoom
Monday, Oct. 23 Wednesday, Oct. 25	Communication and listening skills, skills practice (roleplay activity) - Via Zoom
Monday, Oct. 30 Wednesday, Nov. 1	Communication and listening skills cont'd, hope and recovery, boundaries and self-disclosure, skills practice (roleplay activity) - Via Zoom
Monday, Nov. 6 Wednesday, Nov. 8	Dealing with crises and difficult situations, trauma-informed care, self-care practices – IN PERSON - Via Zoom
Monday, Nov. 13 Wednesday, Nov. 15	Skills review and practice (roleplay activity), problem solving – Via Zoom
Monday, Nov. 20 Wednesday, Nov. 22	Review procedures for peer-mentoring, sharing resources, closing celebration - Via Zoom – IN PERSON

For more information about the RTP please see our website: www.recoverytransitionprogram.com