

# RTP monthly

NEWSLETTER

SEPTEMBER 2022

## COMMUNITY RESOURCES

**Resto Plateau**, is a place of solidarity in the heart of Montreal.

A professional training and personal support program allowing participants to successfully enter the labour market and develop careers in the restaurant industry!

Mouth-watering community engagement! Treat yourself, all while supporting our social mission!

A space where all are welcome to share healthy meals at an affordable price, enriching our community and sharing our culinary expertise.

4450 Rue Saint-Hubert #232 Montreal, QC, Canada H2J 2W9

<https://restoplateau.com/en/>

## RTP Peer Mentor Recruiting

It is that time of year again. We are actively recruiting patients to be trained as new Peer Mentors for the Recovery Transition Program (RTP) - starting October 4, 2022.

The training course will be held in person at the Allan Memorial Institute (with the option of joining via Zoom as circumstances dictate). It will take place two days a week from October 4, 2022 to November 23, 2022, for a total of 30 training hours. The full course schedule with dates and times can be found on the website: [www.recoverytransitionprogram.com](http://www.recoverytransitionprogram.com)

Experienced Peer Mentors lead the training course and will cover many topics including confidentiality, boundaries, and the appropriate role of a Peer Mentor within the context of a health care institution. There will be ongoing weekly supervision and support to the Peer Mentors following the training period.

In order to apply, candidates must fill out a screening form with their healthcare provider's name and signature and e-mail it to [patricia.lucas@muhc.mcgill.ca](mailto:patricia.lucas@muhc.mcgill.ca) the deadline for applications is Friday, September 23, 2022. If you would like to become a Peer Mentor click the following link <http://recoverytransitionprogram.com/>

**RTP**  
READS   
monthly book club

We meet once a month via **Zoom**

Next meeting is on

**Friday, September 30<sup>th</sup>**  
**2:00pm-3:00pm**

We'll be reading the book

**"The Midnight Library"**

*By: Matt Haig*

For more information, contact  
[rtpublicationzine@gmail.com](mailto:rtpublicationzine@gmail.com)

Zoom Link

<https://us02web.zoom.us/j/83400975138?pwd=RDR2OS8xQ-0FRb0pIdzBuU1c4Mnkvdz09>

Meeting ID: **834 0097 5138**

Passcode: **626673**

**Patients, Health Care Providers,  
Staff, Family, Friends  
are welcome!**

  
Recovery  
Transition  
Program



## RAVENSCRAG

(Allan Memorial Institute)

On its completion, Ravenscrag consisted of 72 rooms and covered a vast 4,968 m<sup>2</sup> (53,475 sqft) over five floors, including the basement and attic. The reception rooms were built of a size and style compatible for society gatherings and to receive royalty, the first instance of which occurred in 1869 when the Allans entertained the young Prince Arthur during his year in Montreal with the Rifle Brigade.

The interior of the house was a typically eclectic example of Victorian style. Bright colours were used, such as the green silk-woven lining on the dining room walls. There were also hand-painted frescos and murals illustrated with mythological or quotidian scenes, and decorative elements were embellished with gilding.

The dining room was in a sedate Georgian-Italian Renaissance style, measuring 60 feet in length and 46 feet across. The Grand Ballroom, with its wrought-iron minstrels' gallery, was in the style of the French Second Empire and is said to have been particularly impressive in both size and decoration. In 1872, the first ball was held at Ravenscrag in honour of the new Governor General of Canada, Lord Dufferin, the Allans invited 400 guests.

TO BE CONTINUED

The Allan Memorial now has Wifi access for all.

Name: **Public** / Password: **wifi**



## AT RTPublication, WE ARE ALWAYS HAPPY TO:

- get feedback and suggestions about the Newsletter and Zine from our readers
- receive original submissions for the Zine (art, photography, poetry, prose, lived experience) from Allan Memorial and Griffith Edwards patients
- accept requests to join the Zine Team (if you have the willingness and ability to meet with the group regularly, and have writing, editing, translating or graphic design skills to share).

You can contact us any time at [rtpublicationzine@gmail.com](mailto:rtpublicationzine@gmail.com)

**We'd love to hear from you!**

If you'd like to look at past Zines or Newsletters, here you go <http://recoverytransitionprogram.com/rtpublication/>

## Zine Member Profile: Josephine Ragsdale

As the newest volunteer for the RTPublication Zine Team, I feel optimistic and grateful for this experience. This upcoming fall will mark my fourth year as a psychology undergraduate student at Concordia University. Being a part of the Zine Team, however, is an experience that can't be replicated in a classroom. What drew me to the zine is its union of art with psychology, two things I am passionate about and I believe are deeply related. Art has always been around me and a part of my life. In high school, I played the trumpet and sang in a choir, and for three years in CEGEP, I studied art history. Since joining the zine, I've been amazed by the care, patience, and respect that exists between each zine member. The diversity of voices and stories within the Zine Team and its contributors is truly what makes the project so special. We are currently working on our 7th zine edition and I feel proud to be a part of its creation. The theme is that of adaptation which has been and remains relevant in today's climate with Covid. The past few years have been difficult for many, myself included, with the pandemic and the restrictions that were put in place because of it. Meeting with the zine team in person and getting to know each participant has been so refreshing.