

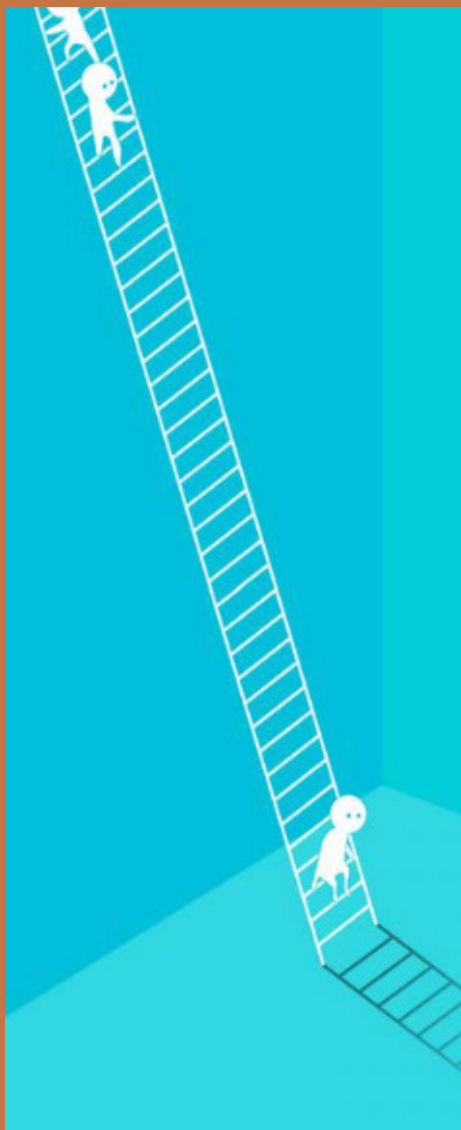
RTP monthly

N E W S L E T T E R

September 2021

Welcome to the first edition of the RTP monthly, a newsletter put out by the RTP Zine team. We hope you enjoy our regular monthly newsletter with updates on what's happening with the Recovery Transition Program (RTP).

THE RTP IS ACCEPTING APPLICATIONS FOR THE FALL PEER MENTOR TRAINING COURSE



The ideal candidate would be a current or former patient in stable recovery with the capacity to participate in a 6-week training course via Zoom from October 6, 2021 to November 12, 2021, for a total of 30 training hours.

The training will be conducted by experienced Peer Mentors and will cover many topics including confidentiality, boundaries and the appropriate role of a Peer Mentor within the context of a healthcare institution. Following training, Peer Mentors will receive ongoing weekly supervision and support for a maximum commitment of 6 hours per week for one year.

For the full course schedule and more information about the application process, please click on the following link,

<http://recoverytransitionprogram.com/event/peer-mentor-online-training/>

or contact the RTP Coordinator:
patricia.lucas@muhc.mcgill.ca

RTP READS

monthly book club

We meet once a month via **Zoom**

Next meeting is on
Monday September 13th
2:00pm-3:00pm

We will discuss the short story

“A Gift To Myself”
by **Wren Laurel Frost**

<https://blog.reedsy.com/short-story/wkyp48/>

For more information, contact
eric.zimmermann2@mail.mcgill.ca

Zoom Link
<https://us02web.zoom.us/j/83636769549?pwd=Y29hVD-VsT1NUclg0Vll1TTBlbWFnZDZ09>

Meeting ID: 836 3676 9549
Passcode: 678386

**Patients, Health Care Providers,
Staff, Family, Friends
are welcome!**

Special digital edition of the RTP Zine on



This past year has been particularly challenging to us all. We have been forced to adapt new strategies to our daily routine. The RTP zine team has continued to work tirelessly to produce the RTPublication under these restrictions while also creating our first special digital zine edition. We launched a special Zoom video event on Sunday February 14th, 2021 showcasing our video on You Tube. You can still view the video at the following YouTube link:

<https://youtu.be/ie9br0B4rWo>

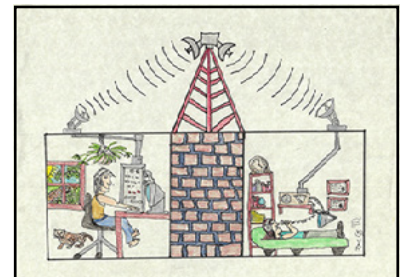
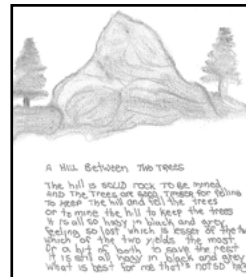
Zine member Profile: Doc GM



I have been a mental health consumer since 1984, I am now 61. I always put pen to paper in the arts and built my life as an engineering technician/artist-writer. I joined the zine team after being given a copy of an RTPublication “The Waiting Room”, consisting of creative art and writings done by mental health consumers, along with articles acknowledging staff members that lead consumers through the mental health journey. It was just before the “Family” issue was out in print that I got a taste of the zine team experience. We meet once a week through Zoom on the internet to put out the RTPublication, it has been a growing and rewarding experience. It is a connection with peers rather than being alone, and compliments the services provided by traditional mental health care providers.

As a member of the zine team, I’ve had the opportunity to expand my Doc GM signature fan base. You’ll find my creative works in the upcoming edition of the zine, titled “Renaissance”.

Doc GM



THE RTPublication

► NEEDS YOU! ◀

ACCEPTING SUBMISSIONS
FROM PATIENTS AND STAFF
FOR OUR NEXT EDITION

SEND US YOUR PROSE/POEMS
SHORT STORIES (MAX 1200 WORDS)
AND VISUAL ART PIECES

TO SUBMIT:
EMAIL SUBMISSIONS TO PATRICIA AT
Patricia.Lucas@MUHC.MCGILL.CA

