(R)RTP-logo.pdf **Recovery Transition Program (RTP)**

# Peer Mentor Application Process and Online Training Schedule

The Recovery Transition Program is accepting applications for the next peer mentor training course. The ideal candidate would be a current or former patient at the Allan Memorial Institute or the Griffith Edwards Centre in stable recovery with the capacity to participate in the training program.

The training will be conducted by experienced peer mentors and will cover many topics including confidentiality, boundaries and the appropriate role of a peer mentor within the context of a healthcare institution. Following training, peer mentors will receive ongoing weekly supervision and support for a maximum commitment of 6 hours per week for one year.

**The next Peer Mentor training course will be held via Zoom and take place 2 days a week from October 6, 2021 to November 12, 2021**, **for a total of 30 training hours**. The full course schedule with dates and times can be found at the bottom of this page.

In order to apply, candidates must **fill out the attached screening form with their healthcare provider’s name and signature** and send **by e-mail to** [patricia.lucas@muhc.mcgill.ca](mailto:patricia.lucas@muhc.mcgill.ca) **Any questions can be addressed to the RTP Coordinator, Patricia Lucas.** The **deadline for applications is Friday, September 17, 2021**. If the applicant is accepted, they will be contacted by the RTP to arrange a time for an interview with the training team.

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| September 29, 2021  1:00 – 2:30 pm | Orientation meeting |
| Wednesday, October 6  Friday, October 8  1:00 – 3:30 pm | Peer mentor roles, confidentiality, values and beliefs |
| Wednesday, October 13  Friday, October 15  1:00 – 3:30 pm | Communication and listening skills, skills practice (roleplay activity) |
| Wednesday, October 20  Friday, October 22  1:00 - 3:30 pm | Communication and listening skills cont’d, hope and recovery, boundaries and self-disclosure, skills practice (roleplay activity) |
| Wednesday, October 27  Friday, October 29  1:00 – 3:30 pm | Dealing with crises and difficult situations, trauma-informed care, self-care practices |
| Wednesday, November 3  Friday, November 5  1:00 – 3:30 pm | Skills review and practice (roleplay activity), problem solving |
| Wednesday, November 10  Friday, November 12  1 – 3:30 pm | Review procedures for peer-mentoring, sharing resources, closing celebration |

**For more information about the RTP please see our website:** [**www.recoverytransitionprogram.com**](http://www.recoverytransitionprogram.com/)