

Using lived experience to promote recovery in psychosis

(Referral form on back)

As most of you know, we now have an active mentorship program in the mental health mission (RTP). One of the challenges of the program has been to find mentors with lived experience of a persistent psychotic illness who also have the capacity to mentor (going through the training and offering one on one mentoring). We are exploring how to adapt the model to meet the unique needs of the psychosis programs. We recently received funding to hire 2 people (who have lived experience and capacity) to help us design this model.

We will be starting this process with a group “dialogue on psychosis” that will take place on Tuesdays from 1:00-2:00 pm.

We are looking for patients who want to have an exchange about psychosis – the experience itself, and the social consequences. The mentors will help facilitate this group with me and Susana Corbari (volunteering with us).

Date: Tuesdays

Time: 1:00-2:00 pm

Location: P2.166 on the 2nd floor (beside the OT kitchen)

We also invite staff to be part of this dialogue from time to time, or on an ongoing basis.

Please send me the names/contact info of patients who are interested by filling out the referral form on the back of this page.

Thanks

Ronna Schwartz ext. 42392, GEH

ronna.schwartz@mcgill.ca

Topics covered in the past:

Paranoia

Hearing voices

Establishing trust of loved ones and from loved ones

Distinguishing the real from the unreal

Referral Form

Recovery Transition Program

RTP Psychosis Dialogue Group

Name of Patient _____

Telephone No. _____

Name of HC Provider: _____

EXT. _____

Comments:

The dialogue group is held on Tuesdays from 1:00-2:00 pm in Room P2.166

Please send the completed form to Ronna Schwartz:

ext. 42392, GEH

ronna.schwartz@mcgill.ca

Janet Stewart is generally available on Tuesday mornings to meet patients briefly in the presence of their HCPs to introduce the RTP and explain what the dialogue group is. She can be reached at 514-647-4629 to make the necessary arrangements.